

Catharsis

For three or more singers and additional loudspeakers without conductor
Stefan Klaverdal © 2016

This piece is possible to perform in a number of ways:

1. As a concert piece
2. As an including audience-involving piece, where the audience is invited to join in the performance. If this option is selected, the score should be handed out to the audience.
3. As an immersive piece enjoyed in the dark. This option involves the audience either closing their eyes or wearing blinds. The members of the audience should be prompted to close their eyes/put on the blinds, put a hand on the person in front of them, and join in the singing when they feel like.

The choir as well as the speakers should be placed around the audience and movement/choreography could also be added if desired.

The technical part of the piece involves one file of sound on fixed-media that should be performed in a PA-system with wide stereo or surround and (depending on acoustics) monitors for the choir.

Catharsis

score

#1 LOUD

Sing one long note loud. Sing for as long as you can.

Breath

Repeat as many times as you want

Listen and create chords together that you enjoy

Choose one consonant and one vowel per note, change sound and note each time. (for example: BA, DE, FI, GO, HU, etc.)

When you feel like it, go to #2, but do it individually! Do not change section at the same time as anyone else.

#2 EXPRESSIVELY

Sing very fast and percussive only on consonants. Preferably explosives such as T K P F.

Use a high pressure in your throat to allow for a hint of a sound coming from your larynx every once in a while, but no actual pitches or notes are allowed.

Do this continuously.

Breath when you need.

A soloist sing after a while (two times):



When you feel like it, go to #3, but do it individually!

